



# CHERRY OAK SCHOOL



## KS2 PHYSICAL ACTIVITY NEWSLETTER



NOVEMBER 2016 – JO GAVIN



### **PE—Physical Education**

**Objective:** Dance



**Topic:** Friends & Family

**Aim:** To explore movement and rhythm and practice movement & dance to perform to our 'Friends & Family' in the Christmas production.

### **Extra curricular Activities**

**Activity:** Golf— 10 pupils have been attending Tri Golf weekly sessions at Shirley Golf Club. They have been exploring golf skills and games. All pupils have thoroughly enjoyed these sessions and made great progress. 3 pupils have progressed to playing a basic game of golf with the instructor.



**After school club:** The pupils have been participating a range of physical and creative activities. Such as; cooking, arts & craft making and gross motor activities and sport.

### **Sharing Success**

A big congratulations to Amy Freya and Luis from Maple Class for achieving their ASA Rainbow 5m swimming award. They both successfully were able to swim 5m without swimming aids. Well done Amy-Freya & Luis!



On 13th October we were invited to participate in a Panathlon Challenge event at Calthorpe school. 9 pupils from Rowan Class represented Cherry Oak and participated in a variety of activities and adapted sports such as, Boccia, New Age Kurling, Precision Bean Bag Target Throw, Sensory Assault course and races.



The pupils competed against 3 other teams and we are very proud to say they came first!

1st place Gold winners. All the pupils received a certificate and gold medal. Imani collected the winning trophy. See the link for more details <http://panathlon.com/pmld-programme-opens-in-style/>

### **Sports Team**

This years sports team is:



Connor, Shania, Steffan, Jonathan, Nathan— Haley & Melissa from Willow Class

George, Amy-Freya, Tia, Callum, Luis— Karina from Maple Class

The sports team practice every Thursday lunchtime for up and coming events.



On Monday 7th November they competed in the Birmingham School Games Panathlon Challenge.

9 schools participated and Cherry Oak finished in third place taking the Bronze medals and

trophy. See more at: <http://panathlon.com/neves-special-day/#sthash.STwCM3GJ.dpuf>

Fantastic achievement Cherry Oak sports team we are very proud of you.

### **Swimming**

This half term Rowan class are attending weekly swimming lessons. Sycamore class will be swimming next half term.

