



CHERRY OAK SCHOOL



KS2 PHYSICAL ACTIVITY NEWSLETTER



NOVEMBER -AUTUMN 2017 – JO GAVIN



PE—Physical Education



Objective: Dance

Aim: To participate in and explore movement and dance. To move to the music and listen to the beat. To practice a dance routine for the Christmas production of Beauty & the Beast.

We have just purchased a large whiteboard which is displayed in the hall for use in PE. To write and draw plans for the lesson and to keep scores and timings on.

Extra curricular Activities

Activity: Golf - 12 Pupils have been attending weekly sessions at Shirley Golf club for Tri-Golf sessions delivered by Stuart Botrill, Golf coach/instructor. The pupils have learnt many skills and enjoyed participating in competitive games and activities.

WOW—Work Out Wednesdays:



This term we have introduced 'WOW'. It is an physical session for both staff and pupils to participate in. All the school participate in these sessions 2.30—2.50 every Wednesday instead of an assembly. The sessions are divided into three groups across the school. KS1 and Early Years alternate each week to have one group in the playground and the others in classes.

Curriculum/Enrichment Walks



Some of our classes have been participating in regular learning walks to get out in the community and participate in sessions to learn to cope in different environments. Whilst doing this they have been walking for a over mile, getting fresh air and exercise.

Lunchtime activities

All the pupils across the school have thoroughly enjoyed using our new (for Sept 17) exciting playground equipment. During the summer holidays both playgrounds were fitted with new playground apparatus. Including climbing frames, swings, twisters, see saws etc. It has been fantastic to see the pupils have lots of pleasure using it this term so far.

Sports Team Practice Club: The sports team meet Tuesday lunchtimes for practice sessions for up and coming events and competitions. The team has regular meetings to discuss ideas for physical activities and events throughout the school.

After school club:



12 pupils from across KS1 and KS2 stay for afterschool club every Wednesday evening. They participate in a variety of physical and creative activities such as Halloween discos, parachute games, ball games, arts & crafts and much more.

Sports Team



The sports team have been selected and this year representing Cherry Oak school is;

Daniel, Javan, Joshua, Brandon, Nathan H, Ashton - Willow Class

Mohammed, George, Tia, Luis, Amy Freya—Rowan Class

Callum, Imani, Nathan W, George S, Liam, Elias Sudais - Sycamore Class

Rubie, Zeshan - Maple Class

The number of students to nominate themselves to be on the team was much higher than previous years.

The sports team were able to wear the new kit that has recently been purchased. They were really excited to wear it and they looked very professional and smart.



Sharing Success



Congratulations to our sports team for participating in the Birmingham School Games L2

Panathlon Challenge at Nechell's Well Being Centre on 7th November. They competed against 9 other teams and finished in 5th place. This was an improvement as we finished in 6th place last year! The team really enjoyed themselves and worked really well together.

Pupils participated in a variety of activities and adapted sports such as boccia, precision bean bag throw, popcorn parachute, messi football, skittles and table cricket.

Mohammed Farid, a leader from B-MET commented on how Cherry Oak was the best mannered and well behaved team of the day!!!

Congratulations team and well done, you did Cherry Oak proud.

Play time leaders

The sports team are continuing to role model the system which will be shared out to all the pupils in KS2. The leaders help others to participate in activities and social skills throughout playtime. The leaders are also responsible to help to get out and put away the equipment.

Swimming



This half term Rowan Class are swimming.

During the lesson the following pupils achieved and progressed their skills gaining awards.

5m badge awards—Zeeshan

15m badge awards— Amy Freya, Luis

20m badge awards—Amy Freya

Swimming next half term will be: Sycamore Class