

# Cityserve School Menu

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Oven Baked Sausage Quorn Sausage</p> <p>Macaroni Cheese Pilchards</p>	<p>Chicken Fillet served with Gravy</p> <p>Cheese Tortellini served with Tomato Sauce</p>	<p>Roast Pork served with Yorkshire Pudding &amp; Gravy</p> <p>Vegetable &amp; Cheese Bake</p>	<p>Fish Fiesta served with Tomato Sauce</p> <p>Four Cheese Quiche</p>	<p>Cheese &amp; Tomato Pizza</p> <p>Lemon Sole Grill</p>
<p>Oven Baked Wedges Creamed Potatoes</p> <p>Baked Beans Peas or Sweetcorn</p>	<p>½ Jacket Potato Creamed Potatoes</p> <p>Mixed Vegetables Sliced Carrots</p>	<p>New Potatoes Creamed Potatoes</p> <p>Cabbage Mixed Vegetables</p>	<p>Creamed Potatoes Diced Potato</p> <p>Peas &amp; Sweetcorn Carrots</p>	<p>Chips Creamed Potatoes</p> <p>Baked Beans Peas</p>
<p>Scone &amp; Flora Orange Juice Cuplet</p> <p>Yoghurt</p> <p>Fresh Fruit Milk</p>	<p>Peaches &amp; Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Juice</p>	<p>Chocolate &amp; Orange Roly Poly &amp; Custard Yoghurt</p> <p>Fresh Fruit Juice</p>	<p>Rice Pudding</p> <p>Yoghurt</p> <p>Fresh Fruit</p>	<p>Blueberry Muffin</p> <p>Yoghurt</p> <p>Fresh Fruit Juice</p>

Salad selection is available daily as an alternative to vegetables  
A selection of bread & fresh drinking water is available daily

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Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cornish Pasty served with Gravy</p> <p>Vegetable Hotpot</p> <p>Pilchards</p>	<p>Sweet &amp; Sour Chicken</p> <p>Fish Fingers</p>	<p>Turkey served with Stuffing Balls</p> <p>Broccoli &amp; Cheese Bake</p>	<p>Vegetable Samosa</p> <p>Fish Fiesta served with Tomato Sauce</p>	<p>Vegetable Tikka</p> <p>Fish Crunchy served with Tomato Sauce</p>
<p>New Potato Creamed Potatoes</p> <p>Mixed Vegetables Baked Beans</p>	<p>Creamed Potatoes ½ jacket Potatoes</p> <p>Sweetcorn Peas</p>	<p>Roast Potatoes Creamed Potatoes</p> <p>Broccoli Florets Mixed Vegetables</p>	<p>Creamed Potatoes ½ Jacket Potato</p> <p>Carrots Peas</p>	<p>Chips Creamed Potatoes or Naan Bread</p> <p>Baked Beans Sliced Green Beans</p>
<p>Chocolate Muffin &amp; Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Milk</p>	<p>Jam Roly Poly &amp; Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Juice</p>	<p>Iced Bun &amp; Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Juice</p>	<p>Mini Apple Pie &amp; Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Juice</p>	<p>Fruit Cocktail &amp; Ice Cream</p> <p>Yoghurt</p> <p>Fresh Fruit Salad Juice</p>

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Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fish Fiesta served with Tomato Sauce</p> <p>Vegetable &amp; Cheese Bake</p>	<p>Oven Baked Sausage</p> <p>Haddock</p>	<p>Chicken Fillet served with Gravy</p> <p>Quorn Roast served with Gravy Pilchards</p>	<p>Beef Bolognaise</p> <p>Cheese &amp; Onion Pasty served with Tomato Sauce</p>	<p>Cheese &amp; Tomato Pizza</p> <p>Fish Crunch served with Tomato Sauce</p>
<p>Creamed Potatoes</p> <p>Oven baked Diced Potatoes</p> <p>Carrot &amp; Swede Batons</p> <p>Sliced Green Beans</p>	<p>Oven Baked Jacket Wedges</p> <p>Creamed Potatoes</p> <p>Baked Beans</p> <p>Peas</p>	<p>Roast Potatoes</p> <p>Creamed Potatoes</p> <p>Cabbage</p> <p>Sliced Carrot</p>	<p>Creamed Potatoes</p> <p>½ Jacket Potato</p> <p>Peas &amp; Sweetcorn</p> <p>Broccoli</p>	<p>Chips</p> <p>Creamed Potatoes</p> <p>Baked Beans</p> <p>Mixed Vegetables</p>
<p>Scone &amp; Flora</p> <p>Yoghurt</p> <p>Fresh Fruit Milk</p>	<p>Mini Blueberry Muffin</p> <p>Milk Drink</p> <p>Yoghurt</p> <p>Fresh Fruit Juice</p>	<p>Chocolate &amp; Orange Roly Poly &amp; Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Juice</p>	<p>Mini Apple Pie &amp; Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Juice</p>	<p>Lemon Sponge &amp; Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Juice</p>

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Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Fish Fingers</b> served with Tomato Sauce</p> <p><b>Cheese &amp; Onion Roll</b></p>	<p><b>Savoury Mince</b> <b>Bean Hotpot</b> served with Gravy</p> <p><b>Cod &amp; Salmon Grill</b></p>	<p><b>Chicken Fillet</b> served with Gravy</p> <p><b>Cheese &amp; Tomato Quiche</b></p> <p><b>Pilchards</b></p>	<p><b>Pork meatballs in Tomato</b> <b>Sauce</b></p> <p><b>Cod Fish Cake</b></p>	<p><b>Cheese &amp; Tomato</b> <b>Pizza</b></p> <p><b>Haddock Grill</b></p>
<p><b>Creamed Potatoes</b> <b>Oven Baked Wedges</b></p> <p><b>Baked Beans</b> <b>Mixed Vegetables</b></p>	<p><b>½ Jacket Potato</b> <b>Creamed Potatoes</b></p> <p><b>Peas</b> <b>Carrot &amp; Swede Batons</b></p>	<p><b>Roast Potatoes</b> <b>Parsley Potatoes</b></p> <p><b>Carrots</b> <b>Broccoli Florets</b></p>	<p><b>Creamed Potatoes</b> <b>Oven Baked Diced</b> <b>Potatoes</b></p> <p><b>Peas &amp; Sweetcorn</b> <b>Cabbage</b></p>	<p><b>Chips</b> <b>Parsley Potatoes</b></p> <p><b>Baked Beans</b> <b>Sliced Green Beans</b></p>
<p><b>Jam Roly Poly</b> <b>&amp; Custard</b></p> <p><b>Yoghurt</b></p> <p><b>Fresh Fruit</b> <b>Milk</b></p>	<p><b>Rice Pudding</b></p> <p><b>Yoghurt</b></p> <p><b>Fresh Fruit</b> <b>Juice</b></p>	<p><b>Chocolate &amp; Orange</b> <b>Roly Poly &amp; Custard</b></p> <p><b>Yoghurt</b></p> <p><b>Fresh Fruit</b> <b>Juice</b></p>	<p><b>Farmhouse Fruitcake &amp;</b> <b>Custard</b></p> <p><b>Yoghurt</b></p> <p><b>Fresh Fruit</b> <b>Juice</b></p>	<p><b>Spotted Dick</b> <b>&amp; Custard</b></p> <p><b>Yoghurt</b></p> <p><b>Fresh Fruit</b> <b>Juice</b></p>

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